

WHEN A WOMAN TELLS

BY RUTH AGNES ABELING

BEGIN HERE TODAY.

Helga Sorenson breaks her engagement with her wealthy fiancé, whom she has pursued for his money. But she accepts his offer to help her to a position as the social secretary of the rich Mrs. John Ames, though mystified as to how he happens to know so much of her.

GO ON WITH STORY.

My self-confidence ebbed as I walked up the flower-lined path to the Ames home. It is a wonderful old house set on a gentle slope with dark pines in back and a riotous mass of color in front.

A few times, when a little girl, I had gone in the wide front door and sat stiffly on the brocade-covered furniture while my mother visited with the elder Mrs. Ames, who has now been dead many years.

It was hard to go into a house where I had once been taken as an equal and ask for employment—though, of course, a different mistress presided then.

A tiny little maid carried my card with message to Mrs. Ames. Returning, she told me Mrs. Ames would see me.

"Ah, my dear, won't you sit over here?"

Lila Ames' voice was light as this. She was a ravishing thing. The afternoon sun, playing on her hair, spun a web of gold. Against a maize of black and orange cushions the lines of her silk-clad body were beautifully slim.

Though she spoke to me, Mrs. Ames was smiling at a good-looking, rather youthful man who stood, hat in hand, beside her chaise longue.

"Goodbye—Lila," he was saying. Then his lips brushed her hair and found an answer on her petulently curved lips.

Passing me in leaving, he bowed a rather elaborate acknowledgement of my presence.

"Isn't he just heavenly?" Mrs. Ames was pulling aside her robe, making place for me to sit near the foot of her lounge. "My brother-in-law, you know, and oh, he has such a fascinating way! I'm almost jealous of his wife! She's quite fetching, too, but—" she stopped speaking, readjusted a hairpin or two and then said:

"But you came on business, didn't you, and your name, let me see—"

she was toying with my card, "Helga Sorenson. How interesting! You should be out preaching legislation

for women or trying to reform the world instead of at such trifling work!

"But I do need someone for my letters," she pointed to a stack of small and variously colored envelopes on a table near by, "and to keep my calls straight and my husband happy! Now that last is calumny, isn't it?" she laughed, "but he's such a worm for business!"

The play of Lila Ames' changing moods upon her features was something wonderful to watch. She was startlingly, revealingly beautiful.

"You're really quite nice-looking," her eyes were critically going over my face and figure, "and I want someone good-looking. Oh, I'm not like so many women—fearful of the effects of a good-looking woman on the integrity of my household. In the first place, John is immune," her lovely face drew in lines of mock seriousness, "then I'm just not afraid of my own sex, and last but not most important, I want someone who can be an extra hand at bridge, an extra partner for an impromptu dancing or supper party. We're a lively folk here—that is my half of the family! John isn't so keen about parties."

"I should expect you, of course, to live right here, you'd have that room," she indicated a door off of her own room. "And I think you'd be quite happy in it."

"Just what I'd pay you I'm sure I don't know—John would settle that, depending on the quality of your service. I—" her voice trailed into silence.

"Yes?" It was almost the first word I had spoken.

"You have a lovely voice," enthusiastically, suppose you come back tomorrow—say at 4 o'clock, and I'll tell you whether or not I want you."

The dispatch of her dismissal was amazing. I started slowly down the stairs.

Near the door, fastening a light motor coat, stood the man who had a short while before kissed Mrs. Ames.

He looked up as I approached, and with the most engaging smile, started to speak to me.

Helga Sorenson continues her adventure—but with a certain fear within her, a fear of the debonair Philip Ames. See tomorrow's News-Times.

YOUR HEALTH



Dr. Copeland.

Summer colds are like winter colds, but they are so unseasonable they seem different.

There seems to be no excuse for "taking cold" in hot weather. On this account the patient and his friends are disgusted and feel almost as if it were a sign of weakness, somehow, to be laid low by a summer cold.

Admiral Peary never had a cold while he was on his way to and from the North Pole. Yet he nearly died of a cold the summer he got home.

As a matter of fact, it is an evidence of weakness. When you take cold it is pretty nearly a sure thing that you have neglected yourself in some way.

If you overwork and overworry, if you lose sleep, if you neglect your meals and bolt your food, if you sleep with windows closed, if you spend much of your time in the atmosphere of dusty, smoky, germ-laden rooms, if you neglect to bathe, if you permit yourself to become constipated, if you overlook the cleanliness of your mouth and teeth, you have prepared the way for a summer cold. All that is necessary to precipitate the attack is to get hot and sweaty and then lie down in the open air for a little "snore."

You will wake up chilly and aching, and rapidly develop the further symptoms of a cold.

Our noses and throats always carry the germs of influenza and pneumonia. Fortunately our powers of resistance are sufficient to ward

off their attacks. With reasonable care of our bodies we need not worry about infection from one of these germs. But if we neglect ourselves they get busy at once. They are restless and sleepless.

We think of influenza in terms of epidemics. It makes no impression on us except when it sweeps the entire community. As a matter of fact, however, influenza is with us all the time. Nobody has heard of influenza mentioned for the past six months, and yet there have been reported in New York City during that period between two and three thousand cases. Hundreds of these have been fatal.

A summer cold means a summer infection. A great many of these infections are infectious with the germ of influenza. On this account every such illness should be taken seriously and properly treated.

If you feel a cold coming on get into a hot bath, drink a lot of hot water or lemonade while in the tub, go to bed between blankets, and stay there for an hour or two while you sweat. After this, sponge off with cool water or alcohol, and go to bed between dry sheets.

The chances are you will be about well the next day. If not, if you have fever and headache, sneezing and coughing, stay in bed another day.

Avoid the rest of the family, and be careful about the eating utensils and the toilet articles. They must be boiled before being used by well persons. Wash your hands and face before coming in contact with others.

These colds are "catching" and care on your part will save unhappiness for your family and friends.

WARD & LEWIS

Ladies' 69c

SILK HOSE

59c per pair.

TWO PAIRS \$1.00

Buy Hosiery in the Bargain Basement. The colors are black, gray, brown. Big value, and First Quality—59c pair—2 pair \$1.00.

JACOB HOFFMANN

COAL

Try NEWS-TIMES Want Ads

HOME-MAKING HELPS

"Everything About the Home Helps to Make the Home"

By WANDA BARTON

Not all of us are lucky enough to have the conventional two weeks' vacation with pay on our list of great expectations, especially we housewives whose lives are generally influenced by duty rather than by desire. After every one has made their plans the question arises: "What is mother going to do?" This is not oversight or careless lack of consideration, but a sort of silent acceptance of the fact that "if father must stay home, then mother must stay home to look after him."

Many housewives stay home not much to look after father as because they have learned it isn't much fun to go without him. There seems so little place for the old woman.

For women who have no money to spend on an extended pleasure trip, and those who have to economize, the home porch is a happy solution of the vacation problem.

Putting the household on a summer basis is the beginning of the vacation. Paper, straw and oilcloth table fittings reduce the service to a perpetual picnic foundation, and almost eliminate the dish washing problem, with the exception of a few cooking utensils.

Eating outdoors on the porch or lawn is a revelation. We never considered how pleasant our surroundings were until we sat down long enough to appreciate them. Outdoor meals are so delightful and so little trouble to serve that we enjoy them no matter how warm the day may be.

Day trips and week-ends spent at near-by pleasure resorts break the monotony, and the jam of traveling crowds make us more than glad to get back to our comfy porch once more.

Then there are the books and magazines that we have waited all winter to read. And on cool days we may visit museums, parks and other places we never seem to get time to go to when all the family are at home.

Instead of mending, we may have more.

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a little pickup fancy work which amuses but does not tire us. Nap time may come twice a day, and the restful relaxation sets us up like an ocean breeze.

Above all, the restful silence, no cross currents of will and confusion, does wonders for our nerves.

The little summer cooking just for two is easy work, aided and lightened by taking some meals out. The woman's exchanges and bakeries preclude the necessity of using our own ovens often.

A near-by laundry takes care of the washing.

A few well-selected clothes, wash dresses, cool and fresh for porch and home life, and suitable outing things, not elaborate or expensive, complete our vacation wardrobe.

Compare the costs and comforts of this vacation with the discomforts and costs of the one spent in the average summer hotel in the country or at the shore, and you will see that the home-made vacation is far ahead of the other.

Of course a change of air is a wonderful tonic, but if other conditions are not just as we would have them, the tonic does not do us much good.

IT BROUGHT HEALTH AND HAPPINESS TOO

Troubles of Seven Years Standing Now Overcome.

"A short time ago I was about as despondent and feeling about as miserable as any person could, and here I am today well and happy, thanks to Tanlac," said Mrs. Anna Pruitt, 340 South Hamilton Ave., Indianapolis, Ind.

"I was a victim of nervous indigestion for seven years, but during the past 12 months it had been very much worse. I had spells that kept me in bed for a week at a time, and, in fact, I had been in bed for several weeks when I began taking Tanlac. Only those who have had indigestion can know what I have suffered from the gas on my stomach, dizzy spells and palpitation of the heart. I had awful headaches, too, and my temples would throb until I would go almost distracted. I was so nervous I could never get a good night's rest and in the mornings could hardly drag myself out of bed. I felt so tired and worn out. Sometimes I would have weak, fainty spells, and would break out all over in a cold sweat and then would shake like aspen leaf. I had about arrived at the conclusion that I could never get any relief, as nothing I tried did me any good."

"Tanalac, however, proved a glorious exception. This wonderful medicine has brought me health and happiness and I can truthfully say that I never felt better in my life than I do right now. From now on I pin my faith to this grand medicine and I recommend it from the bottom of my heart. Tanlac is sold at the Central Drug Store and all leading druggists.—Adv.

Chicago South Bend & Northern Indiana Railway Co.

Railway Company

EFFECTIVE JUNE 13.

Subject to change without notice.—Trains leaving South Bend, Indiana.

East	West	North
Bound	Bound	Bound
5:50 a. m.	5:30 a. m.	5:15 a. m.
6:00 a. m.	5:40 a. m.	5:25 a. m.
7:00 a. m.	6:40 a. m.	6:20 a. m.
8:00 a. m.	7:40 a. m.	7:00 a. m.
9:00 a. m.	8:40 a. m.	8:00 a. m.
10:00 a. m.	9:40 a. m.	9:00 a. m.
11:00 a. m.	10:40 a. m.	10:00 a. m.
12:00 noon	11:40 a. m.	11:00 noon
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2:00 p. m.	1:40 p. m.	1:00 p. m.
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10:00 p. m.	9:40 p. m.	9:00 p. m.
11:00 p. m.	10:40 p. m.	10:00 p. m.
12:00 p. m.	11:40 p. m.	11:00 p. m.

*Niles only.

*Daily except Sunday.

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